

# CHIROMASSAGE AND THERAPEUTIC TREATMENTS:

## **Relax back and neck massage (30 min): 45€**

Relaxing massage with vegetable oils and essential oils of lavender, sweet orange,...

## **Relax back and neck, arms and hands massage (35 min): 50€**

Relaxing massage with plant oils and essential oils of lavender, sweet orange, orange blossom

## **Anti-stress 1 (45 min): 65€**

Relaxing massage of the back, neck, arms, hands and legs with moisturising vegetable oils and rosemary essential oil among others.

## **Anti-stress 2 (60min): 75€**

Relaxing massage of the back, neck, arms, hands, legs and feet (foot reflexology) with vegetable oils and essential oils.

## **Anti-stress 3 (55 min): 70€**

Relaxing massage of the back, neck, arms, hands, legs and feet with vegetable oils and essential oils.

## **Tired legs and feet massage (35 min): 45€**

Relaxing massage with vegetable oils and essences such as cypress, wild mint, HÔ stick, rosemary ...

## **Foot reflexology (30 min): 45€**

Massage on reflex zones of the foot. Ideal for relaxation and regeneration. It is an excellent way to increase our vital energy and activate our self-healing capacity. It allows us to increase our health and well-being.

## **Healing (45min): 60€**

Healing releases the blocked energy in our body. It serves to enhance our self-healing capacity and create a state of physical, mental and emotional harmony and balance. You don't need to believe in anything, it is a method to heal and balance. All you need to know is to do good to yourself and others.

## **Chiromassage of back, neck, arms and hands (35 min): 50€**

Treatment, decontracting and muscle relaxation, reduces pain and relaxes the muscles.

## **Leg and foot chiromassage (35 min): 45€**

Decontracting, relaxing and decongestant treatment for legs and feet, activates blood and lymphatic circulation.

## **Back, neck, arms and hands chiromassage + foot reflexology (50 min): 75€**

## **Chiromassage of back, neck, arms and legs (45 min): 65€**

All treatments use top quality oils and pure natural essences depending on the massage and the client.

\* Combined treatments are available, within the treatments offered, adapted to each person and need.